Teresa Heesacker Counseling
Teresa Heesacker, MA, CSD, LPC, LMFT, RPT
1308 E. First Street, Newberg, OR 97132
503-610-3499
teresa@heesackercounseling.com
www.heesackercounseling.com

Family Relationship Developmental Interview

Clients full name: _____

Todays Date: _____

These questions are designed to help us assess the relationship styles of your family. We are interested in understanding how members of your family (present and past) experience closeness and separation. These experiences will help us formulate a treatment plan that will help you understand and solve possible relationship challenges and stresses present with in your family.

1. Please describe your childhood, using specific memories.

2. What kind of baby were you? What are family stories about you as a baby?

Please give concrete/specific examples of each adjectivein the next questions:

3. What are five adjectives that describe your mom?

4. What are five adjectives that describe your dad?

5. What are five adjectives that describe yourself?

6. What are five adjectives that describe your spouse?

7. What are five adjectives that describe your child?

8. Who were the significant people who took care of you as a child? (Attachment figures)

9. Describe separations and reunions with these important figures. (Give specific examples of memories of you as a child.)

10. What would happen when you were sick or hurt?

11. Describe your favorite birthday.

12. Describe your parents relationship.

13. Describe your current marital relationship.

14. Describe your current relationship with your friends

15. Describe your relationship with your mom.

16. Describe your relatioship with your dad.

17. Describe your relationship with your child..

18. Describe specific memories of the following developmental milestones:

Crawling

Walking

Smiling

Tantrums

Training

Eating

Family losses

Illness

Child-care

Family births

Sleeping

School

Thank you for sharing. This information will be kept confidential. I look forward to working with you, *Teresa*